



Bahia!
TURISMO

ESPORTE
POR TODA
PARTE

sudesb
SUPERINTENDÊNCIA DOS DESPORTOS
DO ESTADO DA BAHIA

GOVERNO DO ESTADO
BAHIA
SECRETARIA DE TURISMO
GOVERNO PRESENTE FUTURO PRA GENTE

squirt
STYLING PRODUCTS










Ford
INDIANA
A Ford melhor para você.






Kailash







LENÇÓIS
PREFEITURA DE LENÇÓIS

PREFEITURA DE
MUCUGÊ
Trabalhando com Responsabilidade

CONSÓRCIO
CHAPADA FORTE
A UNIÃO QUE FORTALECE











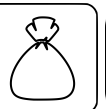


S1	TREKKING			AVAILABLE RESOURCES AT THE END		
	35KM		1:50.000			
	+1087 - 1069					
	 5:30hs	 10:00hs				
VERY LIMITED INFRASTRUCTURE AVAILABLE						

S2	CANOEING			AVAILABLE RESOURCES AT THE END
	55KM		1:50.000	
	+0 - 50			
	 10:30hs	 16:30hs		
TA WITHOUT INFRASTRUCTURE, AT THIS POINT THE SURPRISE TEST WILL BE CARRIED OUT AND IT MUST BE DONE BY ONLY ONE MEMBER OF THE TEAM. AT THE END OF THE CANOEING, THE PACKRAFT MUST BE DEFLATTED AND PLACED IN THE CANOEING BAGS TOGETHER WITH THE REST OF THE MATERIAL. AT 4KM FROM THE TA THERE IS A POINT FOR REFUEL WATER, IT IS A RESTAURANT THAT SERVES JUICES, FOOD AND SNACKS DURING BUSINESS HOURS.				

S3	MOUNTAIN BIKING			AVAILABLE RESOURCES AT THE END	
	55KM		1:50.000		
	+1217 - 1154				
	 4:00hs	 8:00hs			
TA IN AN URBAN AREA, DURING THE DAY YOU CAN FIND SUPERMARKETS, RESTAURANTS, PHARMACIES, ETC.					



S4	TREKKING			AVAILABLE RESOURCES AT THE END				
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	52KM		1:50.000					
	+1693 - 1098							
	 12hs	 24hs						

TA IN AN URBAN AREA, DURING THE DAY YOU CAN FIND SUPERMARKETS, RESTAURANTS, PHARMACIES, AT THIS TA WE WILL HAVE MEDICAL STRUCTURE.

2 BAGS WILL BE PROVIDED PER TEAM AND 1 BAG PER PAIR.

PASTA(FOOD) WILL BE AVAILABLE FOR FREE AT THE FIRST MOMENT THAT ATHLETES REACH THE TA
ON THE SECOND MOMENT, IT WILL BE POSSIBLE TO BUY FOOD PAYING R\$20.00 PER ATHLETE.





S5	MOUNTAIN BIKING			AVAILABLE RESOURCES AT THE END				
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	30KM		1:50.000		
	+753 - 762				
	 3:00hs	 5:00hs			

TA IN A REMOTE AREA WITHOUT INFRASTRUCTURE

2 BAGS WILL BE PROVIDED PER TEAM AND 1 BAG PER PAIR.

S6	CANOEING			AVAILABLE RESOURCES AT THE END				
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	30KM		1:50.000																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
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TA IN A REMOTE AREA WITHOUT INFRASTRUCTURE

2 BAGS WILL BE PROVIDED PER TEAM AND 1 BAG PER PAIR.

S7	MOUNTAIN BIKING			AVAILABLE RESOURCES AT THE END				
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	16KM		1:50.000					
	+150 - 166							
	 1:00hs	 2:00hs						

TA IN AN URBAN AREA, DURING THE DAY YOU CAN FIND SUPERMARKETS, RESTAURANTS, PHARMACIES, AT THIS TA WILL HAVE MEDICAL STRUCTURE.










YOU WILL NOT BE ALLOWED TO ACCESS THE BIKE BOX IF IT HAS NOT YET BEEN TRANSPORTED.

2 BAGS WILL BE PROVIDED PER TEAM AND 1 BAG PER PAIR.

CUTOFF 1 - MAY 7th at 23:59, TO SKIP SESSION 8 TREKKING, TO SKIP SESSION 13 MTB, WALKING THROUGH THE LAST 17KM OF TREKKING AT SESSION 14.

PASTA(FOOD) WILL BE AVAILABLE AT THE FIRST MOMENT THAT ATHLETES REACH THE AREA FOR FREE.

ON THE SECOND MOMENT, IT WILL BE POSSIBLE TO BUY FOOD FOR R\$20.00 PER ATHLETE.

S8	TREKKING			AVAILABLE RESOURCES AT THE END				
	27KM		1:50.000					
	+804 - 804							
	 5hs	 12hs						

TA IN AN URBAN AREA, DURING THE DAY YOU CAN FIND SUPERMARKETS, RESTAURANTS, PHARMACIES, AT THIS TA WE WILL HAVE MEDICAL STRUCTURE.

YOU WILL NOT BE ALLOWED TO ACCESS THE BIKE BOX IF IT HAS NOT YET BEEN TRANSPORTED.








2 BAGS WILL BE PROVIDED PER TEAM AND 1 BAG PER PAIR.

CUTOFF 2 - MAY 8th at 6:00, TO SKIP SESSION 13 MTB, WALKING THROUGH THE LAST 17KM OF TREKKING AT SESSION 14.








PASTA(FOOD) WILL BE AVAILABLE FOR FREE AT THE FIRST MOMENT THAT ATHLETES REACH THE TA

ON THE SECOND MOMENT, IT WILL BE POSSIBLE TO BUY FOOD PAYING R\$20.00 PER ATHLETE.








S9	MOUNTAIN BIKING			AVAILABLE RESOURCES AT THE END		
	78KM		1:50.000			
	+1019 - 1330					
	 5:00hs	 9:00hs				

TA IN AN URBAN AREA, DURING THE DAY YOU CAN FIND SUPERMARKETS, RESTAURANTS, PHARMACIES ETC..
EQUIPMENTS FOR VERTICAL ROPES SESSION MUST BE IN THIS BAG
 2 BAGS WILL BE PROVIDED PER TEAM AND 1 BAG PER PAIR.
CUTOFF 3 - MAY 8th at 12:00, TO SKIP SESSION 10 TREKKING, TO SKIP SESSION 13 MTB, WALKING THROUGH THE LAST 17KM OF TREKKING AT SESSION 14.

S10	TREKKING			AVAILABLE RESOURCES AT THE END		
	16KM		1:25.000			
	+450 - 450					
	 3:30hs	 6hs				

TA IN AN URBAN AREA, DURING THE DAY YOU CAN FIND SUPERMARKETS, RESTAURANTS, PHARMACIES ETC..
EQUIPMENTS FOR VERTICAL ROPES SESSION MUST BE IN THIS BAG
 2 BAGS WILL BE PROVIDED PER TEAM AND 1 BAG PER PAIR.

S11	MOUNTAIN BIKING			AVAILABLE RESOURCES AT THE END
	19KM		1:50.000	
	+543 -309			
	 1:00hs	 2:00hs		

TA IN A HOTEL AND RESTAURANT, DURING BUSINESS HOURS YOU CAN BUY FOOD.
 THE LAST CP OF THIS BIKE SESSION AT KM 16 WILL HAVE A 24-HOUR WATER REFUELING POINT, IT IS RECOMMENDED TO REFUEL AT THIS POINT. AT THE TA DEPENDING ON THE TIME, YOU WILL NOT HAVE ACCESS TO ANY FACILITIES.



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TURISMO

ESPORTE
PORTUGAL
PARTE

sudesb
SUPERINTENDÊNCIA DOS ESPORTES
DO ESTADO DA BAHIA

GOVERNO DO ESTADO
BAHIA
SECRETARIA DE TURISMO
GOVERNO PRESENTE FUTURO PRA GENTE

squirt
CYCLING PRODUCTS









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Kailash









LENÇÓIS
PREFEITURA DE LENÇÓIS

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Trabalhando com Responsabilidade











CONSÓRCIO
CHAPADA FORTE
A UNIÃO QUE FORTALECE

S12	TREKKING			AVAILABLE RESOURCES AT THE END
 	4KM		1:50.000	
	+250 - 250			
	 1:30hs	 2:30hs		

TA A HOTEL AND RESTAURANT, DURING BUSINESS HOURS YOU CAN BUY FOOD.
THERE WILL BE TWO RAPPELING ROUTES WHERE THE TEAM CAN ONLY USE ONE ROUTE, EVEN IF THE SECOND ONE IS FREE. THE RAPPELING WILL HAVE TWO STAGES, ATHLETES CAN ONLY PROCEED TO THE TA, AFTER EVERYONE HAS GATHERED TOGETHER AT THE END OF THE SECOND STAGE.
PENALTY OF 1 HOUR FOR ANY ATHLETE WHO DOES NOT DO THE RAPPELING.
CUTOFF 4 MAY 8th at 12:00, TO SKIP SESSION 13 MTB, WALKING THROUGH THE LAST 17KM OF TREKKING AT SESSION 14.

S13	MOUNTAIN BIKING			AVAILABLE RESOURCES AT THE END			
	63KM		1:50.000	 H ₂ O			
	+1134 - 1619						
	 5:00hs	 10:00hs					

TA AT A HOTEL AND RESTAURANT, DURING BUSINESS HOURS YOU CAN BUY FOOD






















S14	TREKKING			AVAILABLE RESOURCES AT THE END					
 	30KM		1:50.000	 H ₂ O					
	+700 - 700								
	 6hs	 12hs							

THERE WILL BE TWO ROUTES ON THE ZIPLINE, WHERE THE TEAM CAN ONLY USE ONE ROUTE, EVEN IF THE SECOND WAY IS FREE. A 1-HOUR PENALTY WILL BE GIVEN TO ATHLETES WHO DO NOT DO THE ZIPLINE. THE VERTICAL ROPES EQUIPMENT CAN BE LEFT IN THE BIKE BOX, AS THE ZIPLINE WILL BE MADE WITH EQUIPMENT FROM THE ORGANIZATION.

CONGRATULATIONS, YOU HAVE CROSSED THE FINISH LINE!!!



Subtitles

	Escala dos mapas		H2O
	Bike Box		Food
	Canoeing bag		WC
	Supply Bag - Black		Shower
	Supply Bag - White		Energy
	Supply Bag - Green		Resting Area
	Food and Beverage		Rapel - Ropes
	Packraft Session		Zipline
	Trekking Session		Fastest Team
	MTB Session		Slowest Team
	Hot Water		



BIKE BOX AND BAGS WEIGHTS

The following weights must be respected when delivering bags and boxes to the organization. If the weight is above the requirements below, the team will go to the end of the delivery line, and it will not be possible to adjust the weight at the time of delivery.

- Bike box: 30 kg
- Supply bag: 15 kg
- Canoeing bag: 15 kg, will be weighed without the packraft

PACKRAFT

We will have packrafts on display for canoeing and transportation on **Saturday the May3rd**.
 The use of sails or similar items will be permitted, as long as they are not attached to the packrafts.
 These are the dimensions of a folded packraft to be placed in a backpack.
 The teams will receive the packrafts at AT1 after the trek and they will be empty.
 Teams that have their own packraft, from the Aventure Pack brand (formerly Malacara), must carry them in the canoeing bag.
 No other brands of packrafts will be permitted.



DIRETORES DE CORRIDA

- | | |
|-------------------|-------------------|
| BENITO BROCCA | ARNALDO MACIEL |
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